Did you know?

- 75% of all meals are freshly prepared.
- **>** 50% of produce is locally sourced.
- All meals are offered with salad, wholemeal bread and a vegetable selection.
- We use Red Tractor chicken, which guarantees safe, quality chicken which meets welfare standards.
- All fish used on our menus are Marine Stewardship Certified (MSC), meaning we only use compliant sustainable fisheries operating to high standards.
- We do not add salt to our dishes.
- All eggs are free range.
- All cakes and biscuits on offer are freshly-made.
- Once per menu cycle an assortment of fruit jelly, fresh fruit and yoghurt's are the only pudding option.
- All puddings are made from reduced sugar recipes and fresh fruit is available daily.
- Additional gluten free options can be available on request.
- Please be aware that our gluten free products are prepared and cooked in the same school kitchen as our non-gluten free products.



Allergen information

Details of allergens for each Shire Services' recipe are listed in our allergy guidance packs. Please contact the school to arrange to meet the school Catering Manager to discuss any dietary requirements.

Why not join our team?

We offer job opportunities for employment in administration, catering and cleaning. All job vacancies are advertised at:

https://shropshirejobs.engageats.co.uk Free school meals?

Free school meals?

You may qualify for free school meals. Telephone 0345 678 9000 for further information.

Head Office

Tel: 01743 250250

shire.services@shropshire.gov.uk www.shropshire.gov.uk/shire-services

The Food Enterprise Centre Battlefield Enterprise Park Shrewsbury SYI 3TG

Follow us on Facebook as 'Shire Services' and Twitter as 'Shropschoolmeal'



Shropshire Primary School Lunch Menu April 2018 - April 2019



traceablehealthy
TASTYfree range
SUSTAINABLEFOOD



Monday

Pork & Carrot Meatballs (With freshly made tomato sauce) Mediterranean Omelette (v)

Pasta, Baby Potatoes Green Beans, Sweetcorn

Ginger & Orange Sponge with Custard

Tuesday

Selection of Fish (Including salmon) Selection of Hot & Cold Wraps

lacket Wedges Creamed Potatoes Baked Beans, Peas

Chocolate & Vanilla Shortbread

Wednesday

Roast Beef (With Yorkshire pudding & gravy) Linda McCartney Sausage in a Yorkshire Pudding (v)

Roast & Creamed **Potatoes** Carrots, Cauliflower, Peas

Eve's Pudding & Custard

Thursday

Selection of Fish Cheesy Pasta Bake (v)

Creamed Potatoes Fresh Bread Wedge **Baked Beans** Broccoli

Selection of Cookies

Friday

Pizza (With a selection of toppings) Cottage Pie (With gravy)

Chips **Creamed Potatoes** Sweetcorn, Carrots

Apple & Oat Brownie

Menu Weeks

16-04-2018 14-01-2019 07-05-2018 04-02-2019 04-06-2018 04-03-2019 25-06-2018 25-03-2019 16-07-2018 10-09-2018 01-10-2018

22-10-2018

19-11-2018

10-12-2018

Week (2)

Monday

Selection of Fish Beef Pie (With gravy)

Creamed Potatoes Pasta Peas. Carrots

Flapjack

Tuesday

Pork Sausages Roast Vegetable & Cheese Parcel (v)

> Chips lacket Potato Sweetcorn Baked Beans

Apple Crumble & Custard

Wednesday

Roast Chicken (With gravy) **Ouorn Fillet** (With gravy) (v)

Roast & Creamed **Potatoes** Carrots, Cabbage Leek & Sweet Potato Bake

> Vanilla & Chocolate **Cupcakes**

Thursday

Beef Bolognaise Selection of Fish (Including salmon)

Baby Potatoes Spaghetti, Peas Carrots

Chocolate Sponge with Chocolate Sauce

Friday

Menu Weeks

Pizza (With a selection of toppings) Sweet Chilli Chicken

> lacket Wedges **Noodles** Sweetcorn **Baked Beans**

Selection of Cookies

23-04-2018 21-01-2019 14-05-2018 11-02-2019 11-06-2018 11-03-2019 02-07-2018 01-04-2019 23-07-2018 17-09-2018 08-10-2018 05-11-2018

Week (3)

Monday

Beef Grill Pasta Neapolitan (v)

Chips Fresh Bread Wedge Baked Beans, Broccoli

Assorted Fruit Muffins (Apple, blueberry & orange)

Tuesday

Chicken Tikka Masala (With naan bread) Selection of Fish

Brown & White Rice **Baby Potatoes** Sweetcorn, Peas

Toffee Cake with Custard

Wednesday

Roast Pork (With apple sauce & gravy) Cheese & Red Onion Quiche (v)

Roast & Creamed Potatoes Carrots Cauliflower & Broccoli

Selection of Cookies

Thursday

Crispy Chicken (With sweet & sour sauce) lacket Potato (v) (With cheese & pineapple)

Noodles Baked Beans, Sweetcorn

> Vanilla Iced Sponge & Custard

Friday

Pizza (With a selection of toppings) Italian Pasta

lacket Potato Slices, Pasta Peas, Carrots

> Fruity Friday Fresh Fruit Salad Fruit Platter Fruit Jelly Yoghurt

Menu Weeks

30-04-2018 28-01-2019 25-02-2019 21-05-2018 18-06-2018 18-03-2019 09-07-2018 08-04-2019 03-09-2018 24-09-2018 15-10-2018 12-11-2018 03-12-2018 07-01-2019

26-11-2018

17-12-2018