

Annual PE Report 2018-2019

Summary

Key points:

- 100% of children within school have taken part in at least one competition or festival against another school.
- All children have taken part in at least 2 competitions within school.
- A sports council has been set up and is active which has increased pupil voice.
- 75% of all children have regularly taken part in at least one extracurricular club.
- Extracurricular club provision has been expanded and offered to reception and year 1 which has not been done previously.
- On target to achieve Gold sports mark award.

Competition data

Inter-school competitions

These are competitions which take place against other schools. The chart shows the number of children and how many competitions they have taken part in throughout the year. Please read the notes below as there are still competitions to play and the data will be updated as and when these have been completed.

| | 0 comps | 1 comps | 2 comps | 3 comps | 4 comps | 5 comps | 6 comps |
|-----------|---------|---------|----------|---------|---------|---------|---------|
| Reception | 19 0 | 0 19 | 0 0 | 0 0 | 0 0 | 0 0 | 0 0 |
| Year 1 | 0 0 | 8 7 | 9 8 | 1 3 | 0 0 | 0 0 | 0 0 |
| Year 2 | 0 0 | 0 0 | 22 14 | 1 8 | 0 0 | 0 0 | 0 0 |
| Year 3 | 0 0 | 0 0 | 18 17 | 5 5 | 4 2 | 1 2 | 0 1 |
| Year 4 | 2 0 | 7 7 | 3 5 | 2 3 | 0 0 | 0 0 | 0 0 |
| Year 5 | 0 | 9 | 6 | 0 | 6 | 1 | 0 |
| Year 6 | 0 | 8 | 8 | 2 | 1 | 3 | 0 |

Notes:

It is anticipated that all of reception will have done a competition against another school if the planned festival goes ahead.

Black = current rate including Thursdays events and football festival for years 1-3 inclusive

Green = if we are able to enter the cricket over the next 2 Mondays and the early years Disney festival with Hanwood.

This year we will have entered 19 competitions plus the new Rea Valley Football League (8 games) which in total takes the figure to 27 competitions and matches against other schools. This figure would have been higher but 1 event was cancelled due to transport issues and there were several other competitions which clashed with other events in school preventing us from entering. When comparing this figure to last year we have entered 8 more competitions and compared to 3 years ago we have entered 15 more competitions. For key stage two the number of competitions entered is 19 compared to 12 last year. The number of different sports we have offered this year is 13 which has increased by 8 from 3 years ago but has decreased by 2 compared to last year for the whole school and the reason for this is due to clashes with other events which has prevented us from entering events such as hockey, dodgeball and tennis, but for key stage 2 only the number of different events on offer has increased to 10 which is an increase of 1 compared to last year.

It is anticipated that every child within school will have competed or taken part in an event against another school which has never been done before therefore the figure is 100% compared to 3 years ago when it was only 70% for key stage 2. Competitions and festivals have not previously been offered to reception or year 1 so this is a big step forward in the provision for the children at school.

Competitions taken part in this year:

Reception – Early years Disney festival against Hanwood

Year 1 – Football festival, Pontesbury cricket tournament, Haughmond federation football competition, athletics

Year 2 – Outdoor and adventurous activities, athletics, invasion games, Pontesbury Cricket tournament, Haughmond federation football competition, football festival.

Year 3 – Cross-country, tri-golf, Pontesbury cricket tournament, gymnastics, football festival, sportshall athletics.

Year 4 – Cross-country, tri-golf, Pontesbury cricket tournament, gymnastics, Rea valley football matches, sportshall athletics.

Year 5 – sportability athletics, sportshall athletics, Rea valley football, kurling, archery, indoor cricket, tag-rugby, cross-country.

Year 6 – sportability athletics, sportshall athletics, Rea valley football, kurling, archery, indoor cricket, tag-rugby, cross-country.

It has been a really good year for competition especially with the development of the Rea Valley football league which has provided more opportunities. As there has been an increase in the number of games it has meant that we have been able to include more children into the squad and share the game time around. One of the biggest achievements has been the opportunities available for early years and key stage one. The focus used to be just on key stage 2 and even then year 3 got very few opportunities and in just 3 years we have managed to turn this around from 0% in early years/key stage 1 and only 70% in key stage 2 which is now up to 100% for the whole school which is an amazing achievement.

Intra-school competitions

All children in school have competed in at least 2 intra-school competitions. Reception and Year 1 have competed in a Multiskills competition organised and run by the year 5 and 6 competition leaders which will take place during the last few weeks of the summer term. Years 2 to 6 have taken part in at least 4 competitions throughout the year run by the Jonny Hughes coaching company and the PE teacher and they have all taken part in sports day.

All of reception and year 1 have completed 1 intra-house competition in school (multi-skills) plus sports day which takes it to a total of 2.

PE Specialist Impact and Extra-curricular provision

This is the second year the school has employed a PE specialist and my role is to coordinate all aspects of PE particularly to monitor the participation rates both in extra-curricular clubs and competitions as well raise the quality of PE being taught. I have taught all classes this year with the exception of year 6 and the activities that have been taught are dance, gymnastics, athletics, cricket, orienteering, hockey and multi-skills.

The other part of my role is to coordinator with Denise Lee the School Games Organiser (SGo) at Severndale as well as other sports professionals to raise the participation rates and increase school club links which we have succeeded in this year. This has also shown through the number of events we have entered, the provision for lower school and getting more children involved in sport which is what the increased funding was meant to allow the school to achieve. The school is also set to achieve the Gold Sports Mark award which has been a gradual improvement over the past 3 years.

I have also been involved in the Kool Kidz programme and worked closely with the SENCo to see how we can improve concentration and the physical capabilities of those children who may find skills such as throwing and catching difficult. This has involved working with a select group of children on a Thursday morning for 20-30 minutes. They have shown development and improvement in areas of concentration and physical development in things such as balance, jumping and catching however, for this to truly benefit the children this needs to be completed 2 to 3 times a week and currently it is only being done on a Thursday.

I have also worked with the SENCo to develop the adventures club which is an initiative set up by the Football Association called Learning through active play. As this programme is aimed at encouraging more girls to become involved in sport and it is best suited for years 2 and 3 I looked at the data for these two year groups and wrote a list of all the children who had very little involvement in clubs or competitions. I then showed this list to the SENCo and compared it to a list of children who needed additional help with their literacy. The majority of children appeared on both list with some exceptions which suggests a link between a lack of physical activity and children who need additional literacy support (although this is not always the case). To increase numbers I also involved boys for these year groups and started to work with them during a Thursday break time after Christmas which involved doing physical exercise to a story. I then spent 10 minutes with them at lunchtime to write in their 'passport' about their adventure that day. What I have found with this group is that it engages girls a lot better than boys and the retention rate for involvement was also higher for the

girls than the boys. Due to the introduction of other clubs this has now had to move to Thursday lunchtime.

We have introduced clubs for the younger children so all children from years 1 to 6 have had the opportunity of an after school club at some point throughout the year. I have looked at how to include extra-curricular provision for the reception age children and due to only being in school one day a week I have organised break and lunchtime clubs for them which included a multiskills club run by the sports leaders during break time for the first term. During the spring term I organised a variety of activities on the playground which included hockey for reception and key stage 1. During the summer term I then introduced a dance break time club which has proven very popular with the children with over 20 children attending each week.

After looking at the data I was still finding during the spring term there were a particular group of children who did not want to attend after school clubs so the decision was taken to stop football taking place at break and lunchtime as this took up most room on the playground. I introduced a structure where the sports leaders delivered a variety of activities on a rota system on different days of the week and we introduced more play time equipment. We introduced more structured activities in play of the football which included hockey for key stage 2 and key stage 2, badminton, dodgeball and tri-golf. As a result more children became involved and more active and got the opportunity to try different activities.

Extra-Curricular Participation

| | 0 clubs | 1 club | 2 clubs | 3 clubs | 4 clubs |
|-----------|---------|--------|---------|---------|---------|
| Reception | 4 | 5 | 7 | 3 | 0 |
| Year 1 | 2 | 7 | 7 | 2 | 0 |
| Year 2 | 6 | 9 | 8 | 0 | 0 |
| Year 3 | 4 | 11 | 8 | 3 | 0 |
| Year 4 | 7 | 6 | 1 | 0 | 0 |
| Year 5 | 9 | 11 | 3 | 0 | 0 |
| Year 6 | 4 | 9 | 9 | 0 | 0 |

Notes:

These figures do not include those who help at a break or lunchtime as play leaders.

Also the majority of children have taken part in an after school club all year for example the clubs will have change each half term but as they are still run on the same evening they have only be classed as one extracurricular activity.

Throughout the year 75% of children in key stage 2 have been involved in an extracurricular club. This figure does not include the sports leaders or the organised activities in place of the football at break time as these are not necessarily classed as clubs. This figure has decreased from last year's which was 86% however the main reason for this is that more opportunities have been offered to all children within the school and a more whole school approach has been taken rather than a drive just to achieve the sports mark as only key stage 2 data can be used. If we look at the whole school data then 75% of children in the whole school have been involved in regularly weekly physical activity within school which again has never been offered in school. Due to the increased number of activities available to all ages this is a main reason as to why the key stage 2 percentage is lower than last year. This is still well above the percentage needed to achieve the gold sports mark which is 50%.

Leadership

Leadership training was offered to all children in key stage 2 and every child has had the opportunity to do sports leadership within their PE lessons. Although lots of children have received training not every child continued with the break and lunchtime activities. The figures of active leaders (those who take part in leadership regularly) are as follows:

Year 3 = 11

Year 4 = 3

Year 5 = 4

Year 6 = 7

Compared to last year not as many children have been trained as the training was not delivered during PE lesson but this year it has been more selective as the year 3 children have shown a particular interest in becoming sports leaders. This is a follow on from last year as some of them received basic training as year 2s and have wanted to carry on with this so a rota was organised for them and this worked really well for the first 2 terms as they were on the playground and could be monitored more closely but during the summer term this has not been as regular. To increase active leadership numbers all children from the Long Mynd class will have been sports leaders at the football festival and they will be given training on how to do this. The overall number of children who have carried out sports leadership this year will be 40. If you then include the sports council in this then the figure will increase to 49.

Sports Council

This was a key area of development this year so there was more student voice for PE and sport. All children had the opportunity to write why they thought they should be a member of the sports council. I chose a boy and a girl from each class and every half term we meet and discuss all issues to do with PE and sport. They decided on some of the events for sports day this year.

Summary

This year has been another good year for Minsterley School and our PE and sport provision is going from strength to strength each year. By having a PE specialist it has allowed more time to coordinate competitions and providing targeted sporting opportunities for every child within the school. This has led to an increase in overall participation and the number of competitions has increased due to a new football league being set up. We are set to achieve the Gold Sports Mark this year so the additional PE funding has had a very positive impact within school. Although some clubs were not as successful as last year such as the Minsterley Movers there have been others which have taken its place with one of the main constraints being time to offer more activities.